Table of trail distances for the Silver Spoon Trails in Deep River, ON

Silver Spoon Trail Loop (measured in 2014 [*] , unless otherwise indicated)	Distance (km)
Full K (up and back)	1.0
Half K (up and back)	0.5
Relay1 – Upper half of K, down M reconnecting using the trail from the chalet	0.79
Relay2 – Up K loop and down M reconnecting with K at the bottom end	1.11
shortM	1.5
intermediate (use King's Road to bypass the big hill) (measured 2020)	2.9
shortM, +MExt	1.88
intermediateM, +MExt (measured 2020)	3.3
+MEext	0.38
Partial M (in at first hydro opening to K, using K and then the lane to the chalet)	3.13
M	3.90
M, shortS	4.94
+shortS	1.04
M, S	5.5
+S	1.60
M, S, H	6.59
+H	1.09
M, S, H, B, E	9.68
+B	2.71
D (measured 2019)	2.6
shortD (skip the first downhill loop) (measured 2019)	2.0
DMlink times 2	0.05
DRlink times 2	0.08
R	2.65
R, shortX (take the short cut, missing Doubt's Junction)	4.51
+shortX	1.86
R, X	4.80
+X	2.15
R, X, C	7.55
+C	2.75
P (measured 2020)	8.20
Golf course near Anglican church to D	0.65

^{*} Measured using differentially corrected GPS.